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Northwest Christian sweeps South Bend

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SOUTH BEND - Northwest Christian volleyball coach Pat Bowker likes what she sees after the Navigators remained unbeaten (6-0) in the Pacific 2B League with a 25-16, 25-23, 27-25 win over South Bend on Tuesday night.

“We’re coming together well,” Bowker said.

It was the second time this season the two teams have met. Two weeks ago, Northwest Christian beat South Bend on the way to a tournament championship.

Michaela Kier led the way with 10 kills and 10 digs, and Shantelle Hartman added three kills and seven blocks.

The match was not without its tense moments for the Navigators (6-1 overall), who found themselves trailing 20-13 in the second set before rallying to win.

Tumwater 3, Black Hills 0: The Thunderbirds ended the first half of the 2A EvCo season with five straight league victories after a 25-18, 25-16, 25-21 win over Black Hills. Courtney Bowen had a match-high 23 assists, and Karlee Sampson and Maryann Bringhurst had seven kills apiece.

Rochester 3, Rainier 1: Julie Marquez’s match-high 12 kills gave the Warriors (6-2) their second SWW 1A Evergreen Division victory in a 25-14, 25-8, 17-25, 25-23 win over the Mountaineers. Janice Knutz added 12 assists, and Desirae Fletcher 14 serving aces.

GIRLS SOCCER

Black Hills 2, Tumwater 1 (SO): Wolves coach Lisa Summers had nothing but praise for her goalkeeper, Ivy Davison, who made several big-time saves in the shootout to give Black Hills the upset victory over the previously unbeaten Thunderbirds. Black Hills won the shootout, 3-1.

“We needed that win,” Summers said. “My goalkeeper had a fabulous night. She did everything in her power to protect the ball from going in. You can’t ask for a more enjoyable win.”

Black Hills and Tumwater are tied at 5-1 in EvCo play.

River Ridge 4, North Thurston 0: The Hawks earned their second 2A EvCo victory, thanks in part to senior goalkeeper LaRee Verd’s 17 saves. Stephanie Cleaves scored two goals – one in each half. Bethany Boice

and Carly Stever also scored goals.

Bellarmino Prep 2, Olympia 1: Deidra Woodward scored the Bears' lone goal against the 4A powerhouse Lions. The Bears dropped to 6-3 overall.

GIRLS SWIMMING

North Thurston 106, Capital 77: The Rams got two individual victories and state-qualifying times from Arriya Hagen in the 100 butterfly and 100 backstroke to beat Capital and remain unbeaten this season.

In all, three North Thurston's swimmers got state-qualifying times. Katy Tiernan swam 26.04 seconds in the 50 freestyle and Sam Anders went 5:48.10 in the 500 freestyle. Capital's Amanda Clark ran away in the 500 free, winning the event with a 3A state time of 5:13.27, nearly 30 seconds ahead of Anders.

Black Hills/Tumwater 102, River Ridge 78: The meet featured 13 state-qualifying times, including two each from River Ridge's Shanell Sullenberger (100 breaststroke, 200 freestyle), Kiana Sullenberger (200 IM, 100 free) and Black Hills/Tumwater's Lorraine Hack (100 butterfly, 200 freestyle) and Abby Sullivan (200 IM, 100 backstroke).